



The Grayson Grazette

Volume 5

Published June 2018

A newsletter for Junior members of



**Grayson-Jockey Club
Research Foundation.**

In this issue!

- Grooming Tips
- Activity Page
- Craft Corner
- Summer Treats

Admiral loves to hear from his fans.
You can tell him about you
and your horse at
admiral@grayson-jockeyclub.org

The Grayson Grazette is the digital
newsletter for Junior Members of the



**Grayson-Jockey Club
Research Foundation**
501(c)(3) organization

Offices:

821 Corporate Dr, Lexington, KY 40503
859-224-2850

40 East 52nd St, New York, NY 10022
212-371-5970

grayson-jockeyclub.org



Bathing & Grooming

How often should I bathe my horse?

The answer varies depending on owner preference, use of your horse, if you show or not, what the weather is and where you keep your horse. Most horses don't necessarily need bathing - a thorough rinsing to remove sweat and loose hair is usually enough to keep their coat and skin healthy and over-shampooing may cause dry skin and coat conditions. Of course, if you are headed for a show and she has just rolled in her favorite mud hole, a good bath may be your only option for a clean and shiny coat.



Bath time is a great opportunity to bond with your horse and give your horse a good "look over" for any health conditions that may escape your attention during regular grooming. Always have an adult's supervision or approval for you to do this chore on your own. As you groom, inspect your horse for injuries, skin irritations or areas of sensitivity. Run your bare hands down his legs to check for heat or swelling.



It's important to gather the right tools for the job. A rubber curry, sweat scraper, gentle horse shampoo, mane/tail detangler, hose, sponge, towel and bucket of water are the essentials.

To help protect against skin infections, regularly disinfect grooming brushes and combs. Keep brushes clean as you go: After every few strokes with your body brush, clean the bristles on a metal or rubber curry held in your other hand. Brush from front to back, top to bottom, for the most efficient effort. When using a shampoo, it's important to use only products specifically made for bathing horses, as other products can deplete essential natural oils and dull her coat.

continued on page 2

Bathing & Grooming

continued from page 1

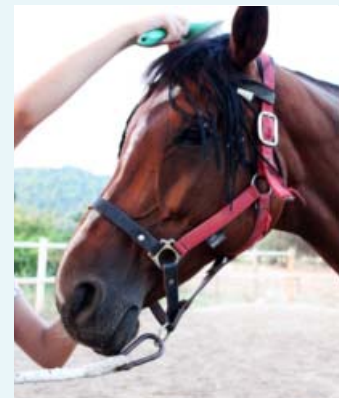
Before the bath, give her a thorough grooming to remove excess dirt and hair. Curry first in a circular motion to loosen dirt and hair; then use your stiff dandy brush to remove it. A flick of the wrist at the end of your long flat brush stroke helps lift the dust off.

You may also want to treat your horse's hooves with a hoof conditioner as soaking hooves in water and then drying them may lead to cracking. Hoof picks are cheap. Always use a sharp one to remove rocks and debris, and replace the pick when it no longer does the job easily. Hoof oils and dressings for health or show are available. If you have a particular concern in mind, such as hooves that crack easily, ask your farrier for product suggestions.



Start slowly; most horses love a bath, but for those that are nervous you may want to use a bucket of water in lieu of a hose, with a washcloth and sponge at first. Don't introduce a horse to bathing on the coldest day of the year with an icy blast from the hose — a good guide is to ask yourself if you would feel comfortable bathing in the same conditions you're subjecting your horse to. If not, a good going over with a warm, damp towel might suffice until the weather improves.

If your horse is skeptical about the idea of a bath, you can start by rinsing her legs first and move up the body from there. Or you can bathe in sections, like you would wash a car, starting at the neck behind the ears on one side and moving backward, then switching sides. Wash the head and tail last. For horses sensitive to water on their faces, a good wipe with a wet cloth or towel (no soap) is enough. Dunking the whole tail into a bucket of soapy water and swishing it around is a great way to rinse out dirt. When you're finished, give her one more good rinse — you don't want to leave any soap residue. You may opt to use a detangling product when brushing out a wet tail.

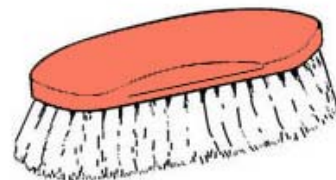
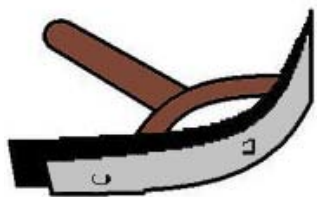


Once she's clean and rinsed, make sure she's completely dry before putting her back in her stall or pen. A freshly bathed horse will almost always roll and you don't want all your hard work to go to waste as your clean, wet horse turns into a muddy mess before your eyes.

Daily grooming and a good rinse after exercise should be enough to keep your horse clean and happy.

DO YOU KNOW YOUR GROOMING TOOLS?

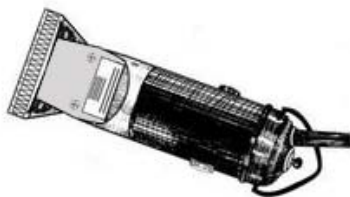
Match the grooming tool to the answer.



CLIPPERS

RUBBER CURRY COMB

SOFT BRUSH



SHEDDING BLADE

GROOMING MIT



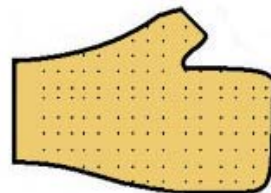
SWEAT SCRAPER

HOOF PICK

FLY SPRAY



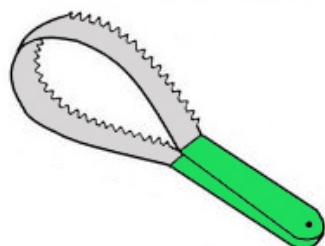
HARD BRUSH



WASHING SCRUBBER

CLIPPERS

MAINE AND TAIL COMB

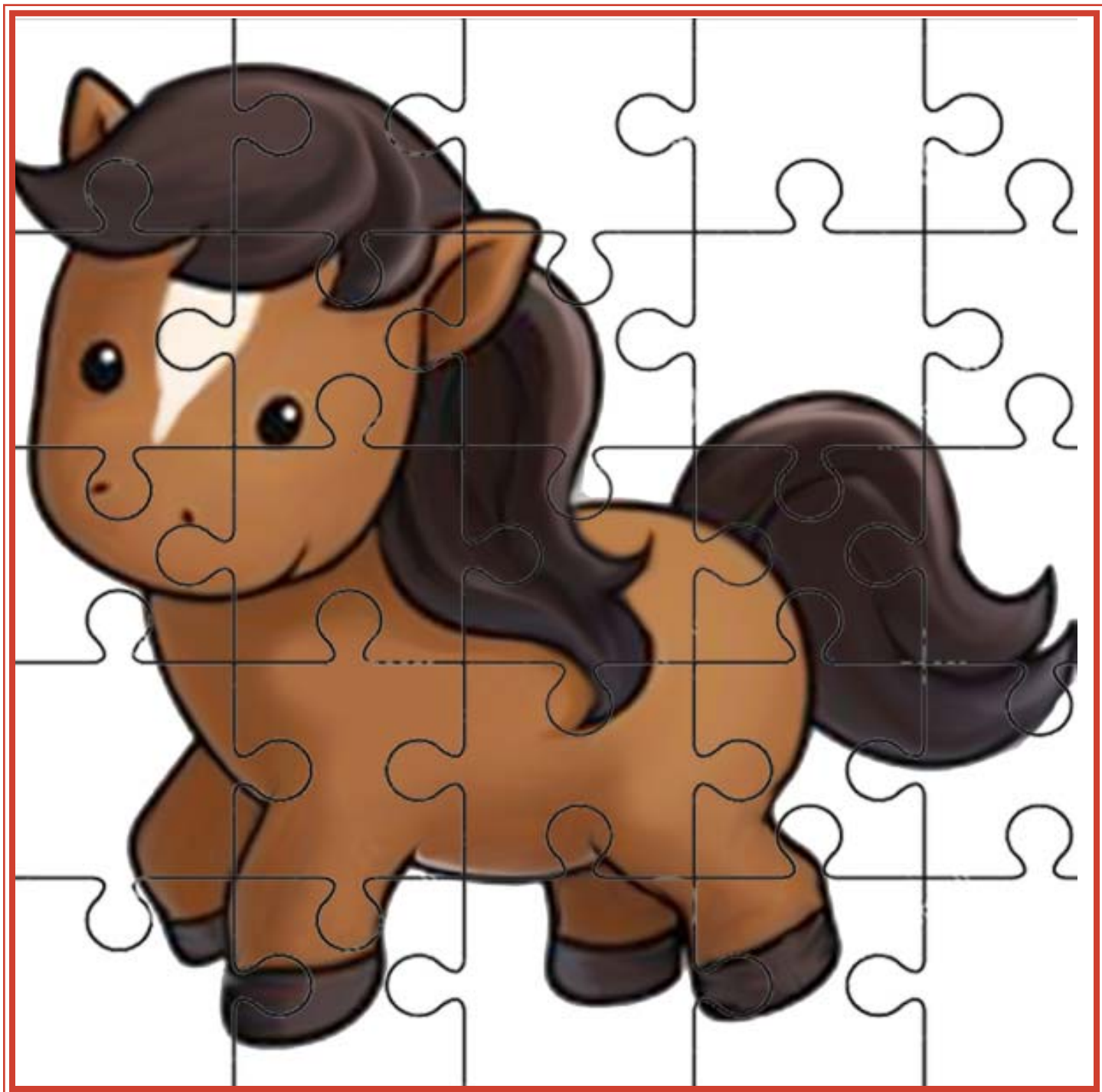


SHAMPOO



Crafting with Admiral - PUZZLE

Print this page and cut out the puzzle pieces to create your very own Admiral puzzle. You may wish draw a hat, or add to the background on puzzle before you cut it out. Optionally, you can glue this to a piece of heavier paper or light card board before cutting out the puzzle pieces. Be sure to have an adult help you with scissors.



Admiral's Corner



THE GROOMING TOOL QUIZ

Here are the answers to the quiz. How did you do?
If you got all of the answers correct, then you must be a wiz
at taking good care of your equine pal.



SWEAT SCRAPER



MANE & TAIL COMB



CLIPPERS



RUBBER CURRY COMB



HOOF PICK



WASHING SCRUBBER



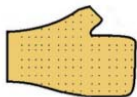
HARD BRUSH



SOFT BRUSH



SHEDDING BLADE



GROOMING MITT



SHAMPOO



FLY SPRAY

If you missed a few don't worry. With the tips shared in
this newsletter you should have no trouble being an ace at grooming.

WATERING YOUR HORSE

The black tanks that are generally used for water can heat up fast, just like a closed up car gets hot, and water in self-contained water tanks gets VERY hot during the summer.

Dumping, refilling, and keeping clean, cool water encourages water consumption and a happy, healthier Horse.

Frozen Banana Mash Horse Treat

Ingredients:

- 4 Chopped frozen bananas (peel and all)
- 4 cups Shredded carrots
- 2 cups Grain
- 2 cups Oatmeal
- 1 cup Honey (optional)
- Ice

Directions:

- This is a no-bake, frozen treat for summer days.
- Chop bananas and freeze for at least 1 hour.
- Shred Carrots and gather other ingredients.
- Mix all ingredients in a bowl for additional freezing.
- Decide on small frozen treats or a large frozen block for your horse to work.
- Divide and freeze accordingly, in plastic containers.
- Pry frozen treat from bowl and offer to horse on a warm day.
- This treat can be served frozen or thawed, it's up to you and your horse!
- If served thawed, it can be a good delivery system for medication.

