

Volume 9, Fall 2019 A newsletter for Junior members of Grayson-Jockey Club Research Foundation.

## In this issue!

Rainy Day Activities Parts of a Horse Measuring Your Horse Make a Bookmark Recipe for Fall

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Admiral loves to hear from his fans. You can tell him about you and your horse at admiral@grayson-jockeyclub.org

The Grayson Grazette is the digital newsletter for Junior Members of the



Grayson-Jockey Club Research Foundation 501(c)(3) organization

Offices:

821 Corporate Dr, Lexington, KY 40503 859-224-2850

40 East 52nd St, New York, NY 10022 212-371-5970 grayson-jockeyclub.org



### It's Raining, Now What?

Rainy days can put a real damper on your trip to the barn. Muddy fields, sloppy arenas, and soaked horses are no fun! Don't despair- Try these activities to bust rainy day boredom and to be prepared for the next sunny day!



**Name that part:** You can use the sheet on page 2 to name the various parts of a horse's body. You can also measure your horse on page 3.

**Barn chores:** It's not your first choice, but use your down time to give the tack room, feed room, and other areas an extra deep cleaning. You can organize things and get rid of items you haven't used in a while.

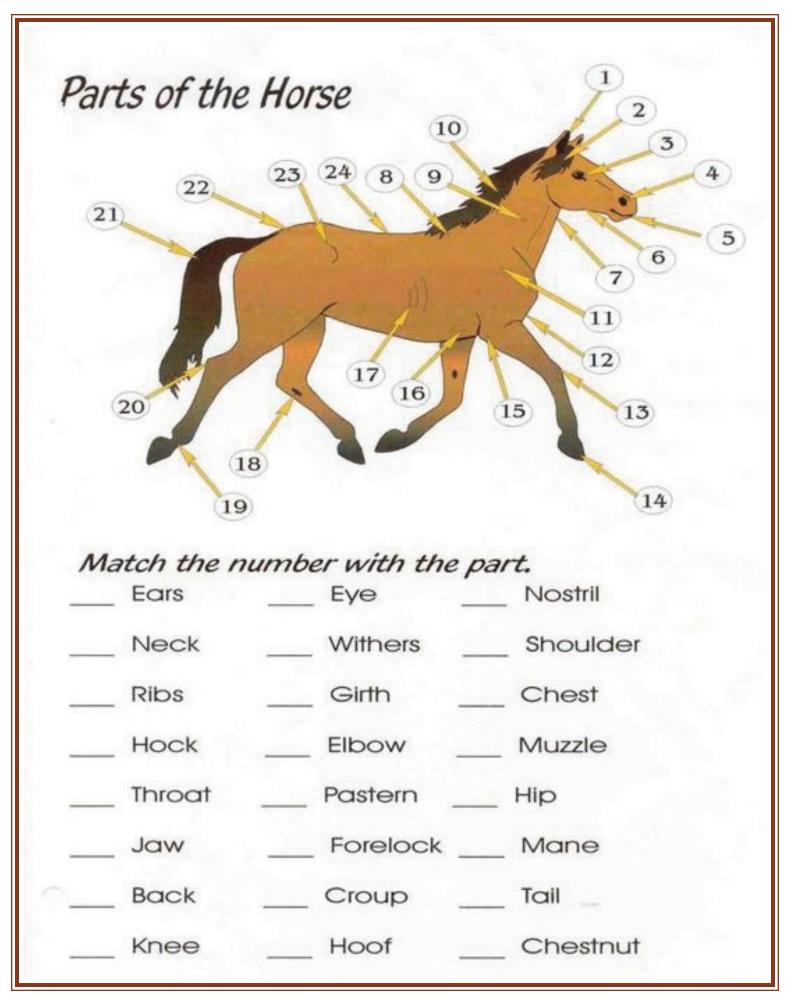
**Clean tack:** Get out the saddle soap and give your tack some extra care. Leather products need a deep cleaning every once in a while. Rainy days are the perfect opportunities to complete this task.

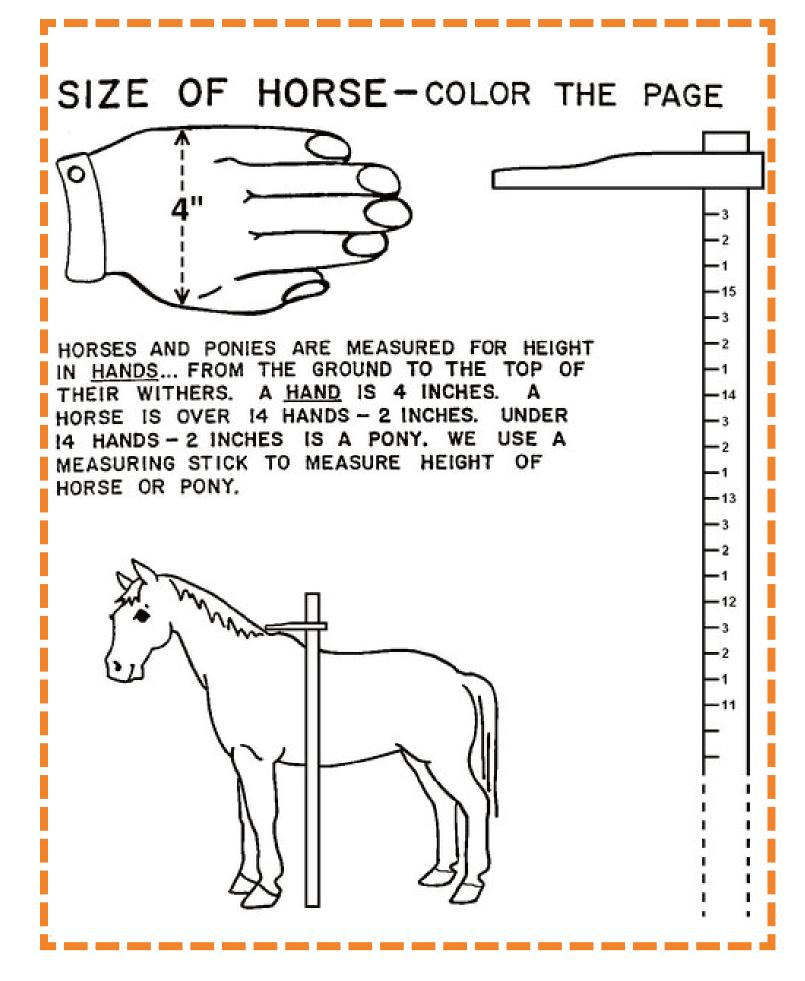
**Practice braiding:** Whether your horse has a long or short mane, try different types of braids to see what looks best. Don't forget the tail too.

**Teach your horse a trick:** Can he bow or give you a kiss? These cute gestures can be fun to teach. Try searching online for free resources that show you how.

**Puddle practice:** Wait for a break in the rain or for it to slow to a sprinkle and hand walk your horse through puddles. This is a great activity to prepare him for crossing streams.

**Watch riding videos:** On sunny days, you can record yourself riding. If your barn lounge has a TV, put the video in and watch carefully. Take note of the things you do well and what could use some work.





# **POPSICLE HORSES**

You can create your own stable of horses with popsicle sticks. They can make cute book marks for you and fun little gifts to give to your friends. Let your imagination go wild. Your horses can be bay, chestnut, gray or make them any color you want like a carousel horse. Horses can have long manes, short manes. Using paint or glitter you can make spots or stripes...whatever you choose.





- Craft or Popsicle Sticks Scissors Glue Craft Paint Colorful Felt Yarn or fringed trim for your mane Googly eyes Fine point marker
- 1 Paint your popsicle stick, letting one side dry before you paint the other side.
- 2 While drying, cut from an oval for the nose and cut points for the ears.
- 3 Use the fine point marker to place two dots on the nose.
- 4 Create a mane and forelock between the ears using yarn, fringe or trimming felt.
- 5 Once dry, glue the ears and forelock on the top the stick first.
- 6 Now add the mane to one side of the stick near the top.
- 7 Next figure out where you want to place the eyes and glue them on.
- 8 Finally add your nose to the horse.

If you want to hide the edges of the mane, ears and forelock, you may cut out a piece of felt the size of the stick and glue it over the back.

Enjoy your horse.

#### Answers to the quiz on page 2

- 1 Ears
- 9 Neck
- 17 Ribs
- 20 Hock

7 Throat

6 Jaw 24 Back 13 Knee 3 Eye 8 Withers 16 Girth 15 Elbow 19 Pastern 2 Forelock 22 Croup

14 Hoof 4 Nostril 11 Shoulder 12 Chest 5 Muzzle 23 Hip 10 Mane 21 Tail

18 Chestnut



# Admiral's Corner

There are several ways you can support equine research. One is our tribute program. We will place a photo and written tribute of your horse on our website. We can do this in memory or honor of your horse or a favorite horse. With your minimum donation of \$50 you will also receive a leather bracelet with the name of your horse engraved.

Encourage your friends to join our Junior Membership program for only \$20 and don't forget to renew your membership to keep getting cool stuff.

### **Easy Fall Horse Treat**

### Ingredients:

1 small pumpkin Chopped apples, carrots, pears, and any other horse-friendly fruits (*checkout our list from Volume 4 2018-page 5*)



#### **Directions:**

Get a small pumpkin and remove all of the insides being careful to get all of the seeds.

Then fill it with a mixture of sliced apples, carrots, grain and whatever other kind of fruit you have on hand.

Put the top back on it and give each horse their pumpkin.

They have fun squishing the pumpkin to get the treats out and enjoy eating the pumpkin!