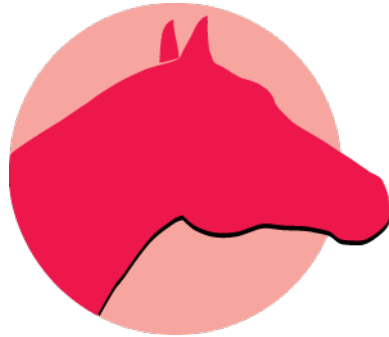


Proper Use of Riding Crops



Chris McCarron

Founder, North American Riding Academy
Hall of Fame & Eclipse-Winning Jockey



Proper use of the crop

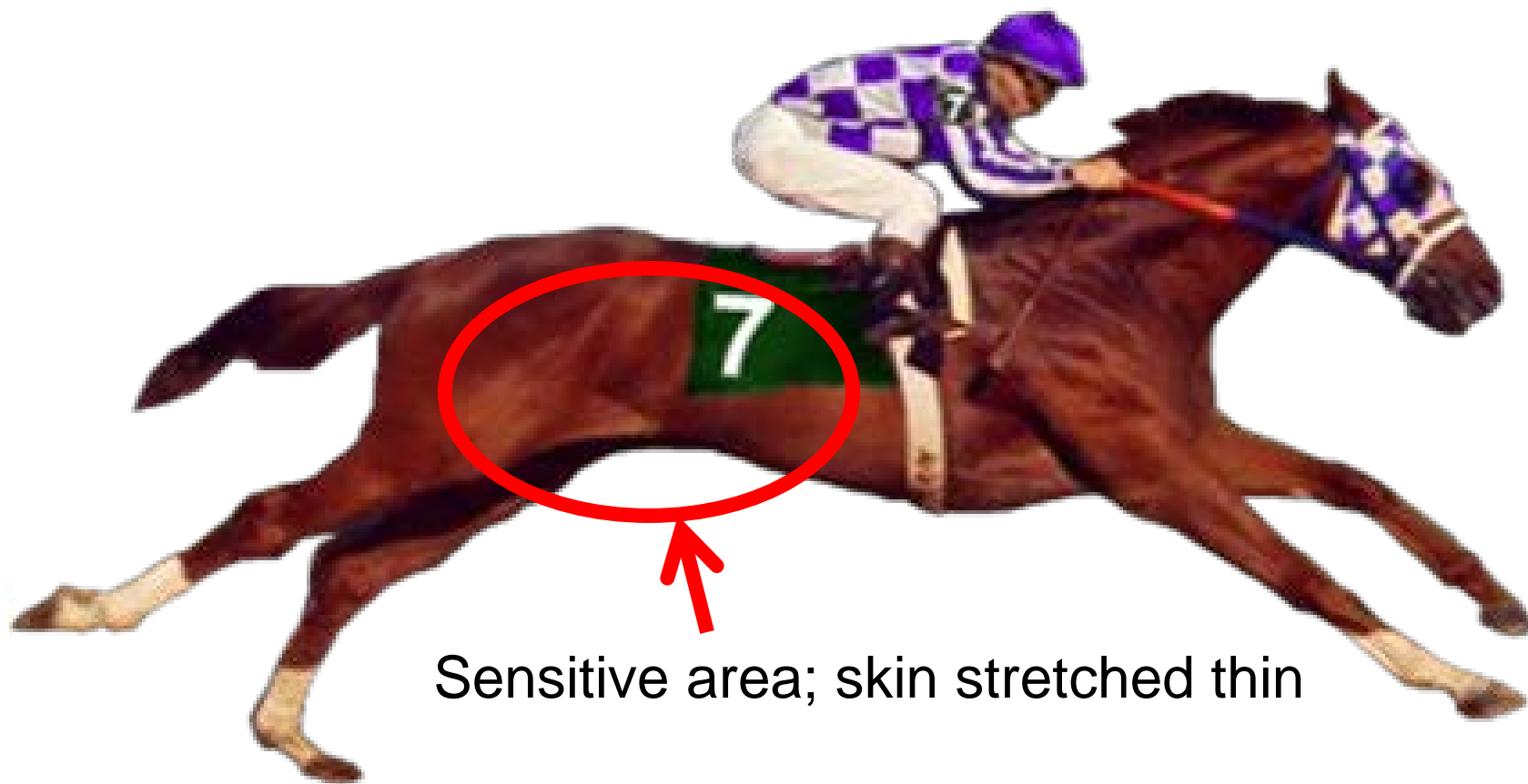
- Model Rule for crop use
 - All riders should comply with the following when using a riding crop:
 - Showing the horse the riding crop and giving it time to respond before hitting it:
 - Having used the riding crop, giving the horse a chance to respond before using it again;
 - Using the riding crop in rhythm with the horse's stride



Proper use of the crop

NARA

- Focus on the proper way to encourage horses to run including proper use of the crop
- Proper placement of the crop on the horse - rump
 - Not in the flank, the saddle cloth or under the belly
- In-stride with the horse, horse head come up that is when the jockeys arm should go back
- Film reviews with experienced riders and track stewards



Sensitive area; skin stretched thin

Rear leg
fully extended

Front leg
fully extended



Correct Area



Incorrect





Shaft hitting not padded surface